

Early Detection Saves Lives!



Mammogram Scholarships

Maine Coast Memorial Hospital
50 Union Street
Ellsworth, ME 04605

Initiated by
The Chefs' Gala
&
perpetuated by
the generosity of others

Criteria:

1. Your physician has prescribed a mammogram at Maine Coast Memorial Hospital.
2. Your insurance does not cover the cost of your mammogram

For more information:
Financial Counselor 664-5332
Public Relations Office 664-5337

- Excluding cancers of the skin, breast cancer is the most common cancer among women, accounting for more than 1 in 4 cancers diagnosed in US women.
- One in eight women is diagnosed with breast cancer.
- Breast cancer is about 100 times less common among men than among women.
- In 2008, the American Cancer Society estimated that about 1,990 new cases of invasive breast cancer would be diagnosed among men in the United States.

American Cancer Society Guidelines for the Early Detection of Breast Cancer in Average-Risk, Asymptomatic Women

Ages 40 and older

- Annual mammogram
- Annual clinical breast examination
- Monthly breast self-examination (optional)

Ages 20-39

- Clinical breast examination every three years
- Monthly breast self-examination (optional)

On average, mammography will detect about 80%-90% of breast cancers in women without symptoms.

The American Cancer Society believes the use of mammograms, MRI (in women at high risk), clinical breast exams, and finding and reporting breast changes early, according to the recommendations outlined above, offers women the best chance to reduce their risk of dying from breast cancer.

~American Cancer Society